

Seven rules for personal empowerment

#1) Think for yourself. Be skeptical of everything. Most people, corporations, governments and institutions are lying to you. There is much good in the world, but there is far more selfishness and greed which is falsely presented as that which is good.

#2) Follow your inner truth, not some external guru. Any guru who demands your obedience is a false prophet. A real teacher is one who empowers you and sets you free to explore your life experience with complete freedom tempered by a code of morals and personal responsibility.

#3) Serve in the protection of life, with or without a church or spiritual group. You can protect life every day in your own garden. Resist the seduction of profit and power that comes from serving darkness (i.e. working for Big Pharma). Seek to protect life, which is sacred and precious.

#4) Value all living things, including animals and plants. You are their shepherd. Protect the diversity of life and the integrity of the continuation of life. (For example, resist GMO and plant only non-hybrid seeds.)

#5) Live an authentic life. Practice what you teach. Walk your talk. Do not speak with one face and then secretly act out another. Spiritual strength comes from spiritual authenticity, and even if the world isn't aware of what you do when no one is looking, God and the universe most certainly are. Karma counts.

#6) Defend the innocent. Stand your ground against bullies. Resist tyranny. Promote freedom, liberty and justice. Help others when you can, and seek to empower others with the skills and knowledge they can use to support themselves rather than creating dependency.

#7) Tell the truth. It is powerful... perhaps the most powerful thing in the universe. The truth unfailingly outshines lies and deceptions. And even when the people around you may not see the truth, the greater universe does. By telling the truth, you empower yourself in all areas of your life, and you bring yourself closer to true spiritual understanding.

(Credit where credit is due ...

http://www.naturalnews.com/z036112_sociopaths_cults_influence.html)